

Project Challenges

- Language barriers
- Difficulty developing storyline as many people are involved and need to be documented
- Distractions included other people doing research at the same time



Project Recommendations

- Language training and cultural orientation for interns
- Need to focus on a few pressing issues that greatly affect the running of the kitchens



Tanzania, Rwanda

Natasha Callender

2nd Year MA Film Studies Student
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Project Goal

To create a video documentation of the community life and Yoghurt Mama's who work in the probiotic yoghurt kitchens.. This was part of a research assistantship with the Ivey Program.

Project Activities

I interviewed the Yoghurt Mamas, a youth group in Rwanda and other members that were involved in the community kitchens. Specifically, the interviews were done at all the major kitchens in Mwanza, Rwanda and Kenya. The goal was to get a sense of why the kitchens were important to them and the life of the community.



Project Outcomes

A collection of 8 main vignettes will be created. Currently, there is no future plan to develop a documentary.

Project Impact

- The community was generally receptive and hospitable to participate in the interviews
- The objective of the video documentation is to promote the work being done at the kitchens as many people don't know about the benefits the probiotic yoghurt provides



Impact on Me

- The experience has allowed me to realize I would not like to live or work in the developed world

