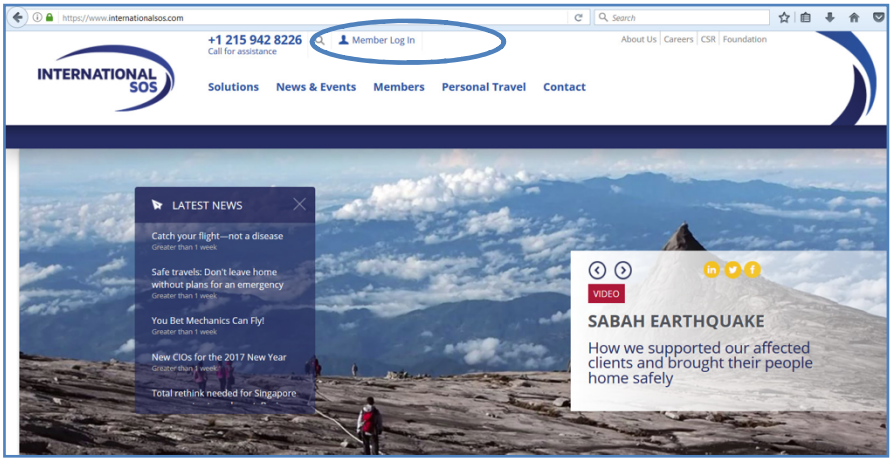
Additional Resources available through ISOS

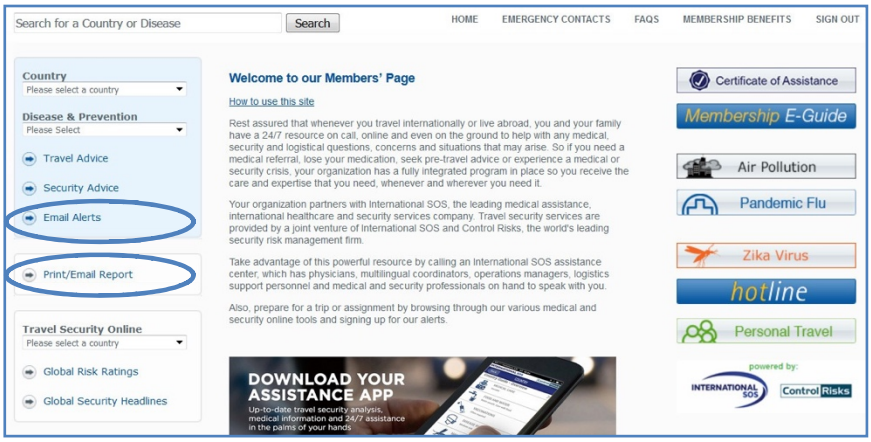
➢ Sign up for health and security email alerts.

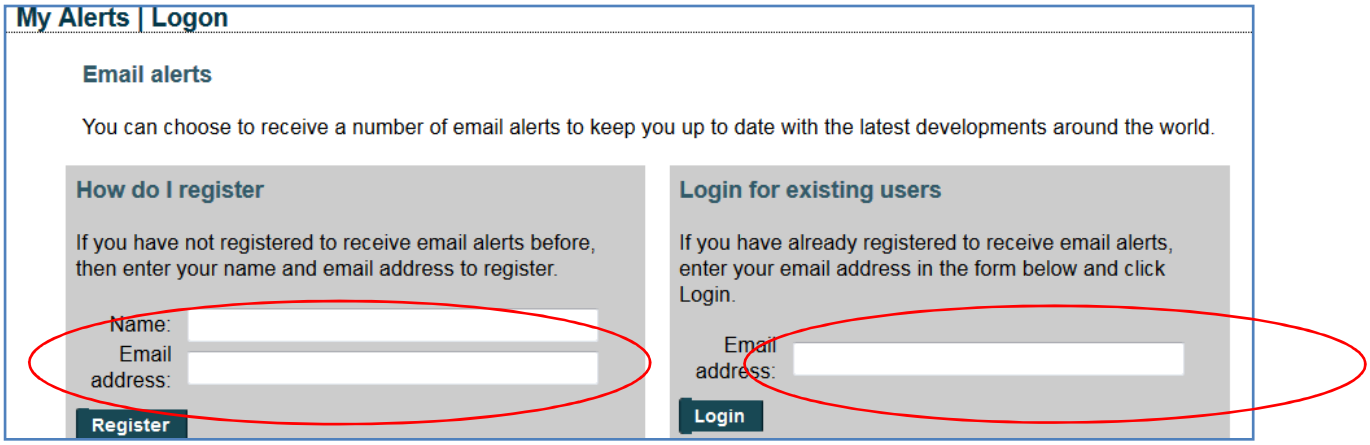
Stay informed of health, safety or security risks in your travel destination(s).

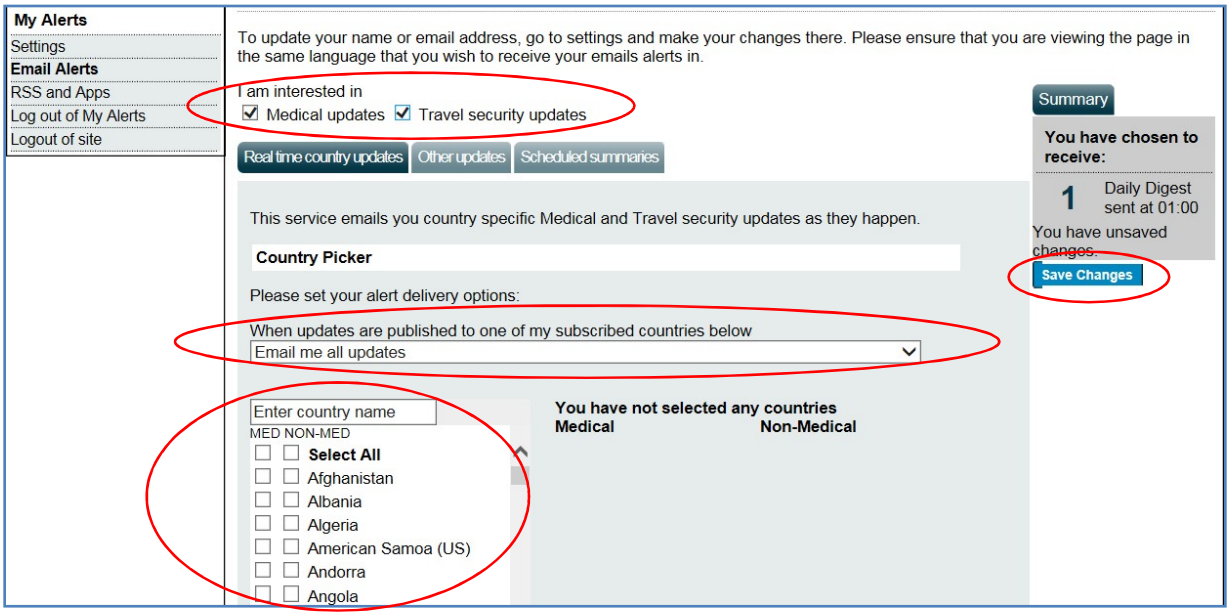
To sign up for health and security email alerts:

1. Go to the International SOS website (www.internationalsos.com) and enter Western's membership number under 'Member Log In'.
2. Select 'Email Alerts' in the left-hand menu.
3. Enter your name and email address under 'How do I register'.
4. You will receive confirmation of registration by email along with a link to activate your account.
5. Log in using your email address.
6. Select 'Email Alerts' from the left-hand menu.
7. Check the box next to the type of alerts you wish to receive.
8. Use the drop-down menu to select 'All updates' or 'Special Advisories'.
9. Place check marks in the boxes next to your country/countries of interest.
10. Select 'Save Changes' when you have completed your selections.









Other updates and scheduled summaries:

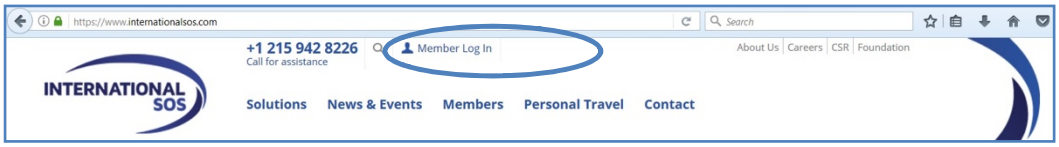
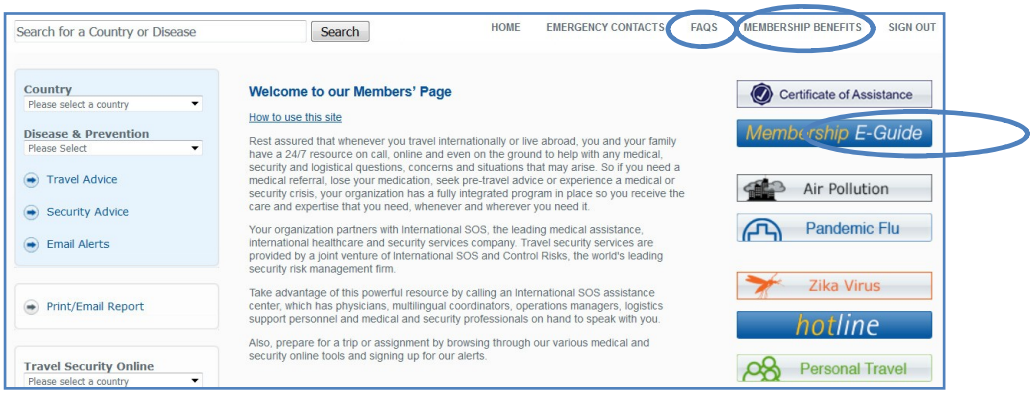
In this same section, you can also choose to receive emails regarding global issues, changes to health or security risk ratings, daily digests, monthly digests and regional security forecasts.

➢ Stay safe throughout your travel. Download the Assistance App.

- One-touch dialing to the closest International SOS Assistance Centre, for immediate help.
- Mobile-friendly medical and travel security information to prepare for your travel.
- The latest medical and travel security alerts before and during trips, allowing you to adjust plans if needed.

To download the App:

1. Go to http://app.internationalsos.com or search on your regular app store.
2. Once the app is downloaded on your phone, enter the Western University membership number. You will then be connected to the member services.

➢ More Information on ISOS services

- Membership eGuide
- **Log in to** www.internationalsos.com using Western's membership number.